

Activity as a Station

Materials you can use to set up this activity as a station

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- [Station instructions](#)
- [Station worksheet](#)

Station setup

To set up this activity as a station, you'll need six [Human Knee Active Learning Kits](#) (Basic or Full) each [with a different ligament or ligament combination knocked out](#) (MCL, PCL, ACL, LCL, IT tract, and MCL+ACL). By having one kit per knock out, students can perform the activity faster (since they do not have to attach and detach the ligaments for each experiment). In addition, you can space out each kit as a separate "sub-station" so that up to six students or groups can do the activity at once (i.e., each student or group is using one kit at a time and all kits are being used simultaneously).

In addition to the knee kits, you'll need:

1. The printed [station instructions](#) for this activity.
2. A printed [station worksheet](#) for each student or group (students can also access a digital PDF of worksheet via a QR code on the station instructions).
3. The ruler from each kit (stored on Parts Plate A) so that students can measure anterior-posterior translation.

If you only want to use a single kit for this activity, it's better to have students work through [the full self-guided activity](#) since they'll need detailed instructions on how to attach and detach each ligament.

Station instructions

PDF instructions for the station

Station worksheet

Use this worksheet to complete this activity as a station