

# Activity as a Station

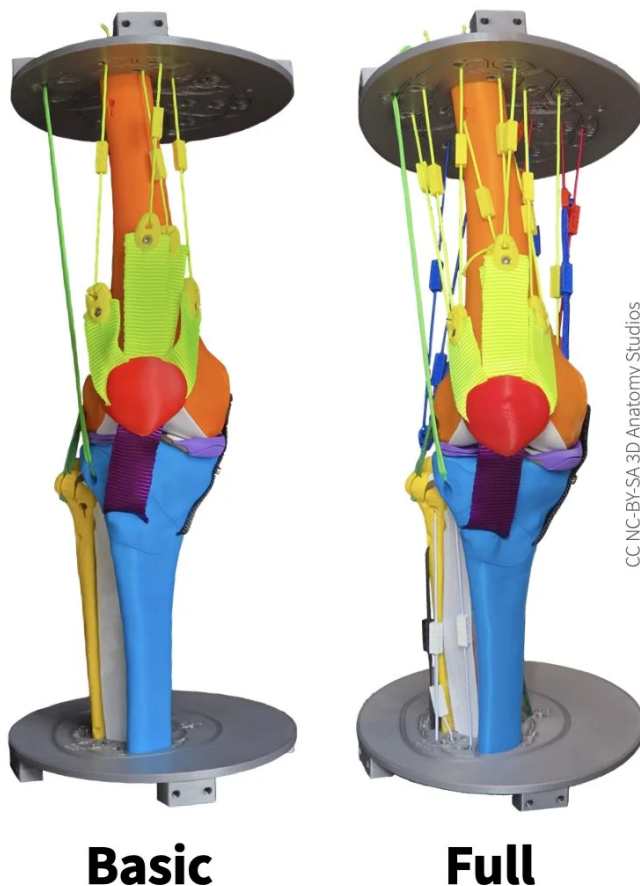
Materials you can use to set up this activity as a station

- [Station setup](#)
- [Station instructions](#)
- [Station worksheet](#)

# Station setup

To set up this activity as a station, you'll need:

1. The printed [station instructions](#) for this activity.
2. A printed [station worksheet](#) for each student or group (students can also access a digital PDF of worksheet via a QR code on the station instructions).
3. A [Human Knee Active Learning Kit](#) (Basic or Full model) with at least the minimal number of muscles attached (left in the image below).



For this activity, you'll need a knee kit resembling one of the two images above. Your knee can have just a few muscles attached (left), all of the muscles attached (right), or some number in between.

This activity is easier with the minimal muscle set but it's also possible to do with more muscles attached.

Your station setup should look something like this (in the photo below, the knee kit is the Basic model):



# Station instructions

PDF instructions for the station

# Station worksheet

Use this worksheet to complete this activity as a station